

Book post:

To:
SOUKYA Foundation
202, Parvathi Plaza
105, Richmond Circle
Bangalore, Karnataka-560025

Conference Co-ordinator
Dr. Sudha, Ph: 080 22214625, 22218252

For Registration
Dr. Sheeja,
Ph: 080 22214625, 22218252 | Mob: 98454 11686 | E-mail: medical@soukya.com

Venue
Government Homeopathic Medical College
Dr Sidhaiah Puranik Road, Basaveshvar Nagar
Bangalore - 560079. Ph: 080 23359413

WORKSHOP ON RESEARCH METHODOLOGY

Saturday, February 9th, 2013

9.00 am -9.30 am: Inauguration

SESSION I - 9.30 am – 11 .30 am

Dr. Peter Fisher, FRCP

Clinical Director, Royal London Homeopathic Hospital, London, UK

11.30 am -12.00 noon: Tea Break

12.00 noon -1.00 pm: Q & A with Dr Peter Fisher, FRCP

Clinical Director, Royal London Homeopathic Hospital, London, UK

1.00 pm - 2.00 pm: Lunch Break

SESSION II - 2.00 pm – 3.00 pm

Dr. Sundeep Salvi, MD, DNB, PhD (UK), FCCP (USA)

Director, Chest Research Foundation, Pune

3.30 pm – 4.00 pm: Dr. Sneha Limaye, MBBS, PDCR Head Clinical Trials, Chest Research Foundation, Pune

4.00 pm – 4.30 pm: Tea Break

4.30 pm – 5.30 pm: Discussion

Certificate Course in Research Methodology for Health Professionals

The Certificate Course in Research Methodology for AYUSH Professionals and Biomedical students is a step in the direction to build an atmosphere of enquiry driven attitude among the AYUSH and Biomedical students, so as to build capacity for critical and reflective thinking. The vision of the course is to clarify the basic principles of research methodology and biostatistics, so as to relate their relevance for AYUSH based research studies. The course is open for Graduates and postgraduates of AYUSH and biomedical students who wish to understand the principles of research methodology and biostatistics and explore their practical applications. This six month certificate course is envisaged on the Open and Distance Learning Model. The course will be delivered on multiple platforms –

- Distance learning through self-learning text
- Embedded self assessment activities which will be tutor marked
- Mentoring through e-mail from the academic hub
- Contact program to practice the relevant skills.

The course will be of six months duration with two Contact Program at the Academic Hub. After completing the course, the candidate will be competent to apply the principles of research methodology including biostatistics in the context of AYUSH system research in the clinical, pharmaceutical and academic areas. He / she shall be able to work in a AYUSH research team or as a teacher in the subject of research methodology.

SOUKYA FOUNDATION CLINICS

SOUKYA Foundation runs free and charitable clinics in different parts of Bangalore since many years and has been reaching out to patients from all sectors of society with its medical service.

SOUKYA Foundation Free Clinics

• Holistic Homeopathy Clinic, Christel House, Bangalore

This clinic has been functioning since January 2007. Christel House is a school for slum children and is run with international standards. Medical needs of about 1000 children are taken care here by SOUKYA Foundation clinic.

• Holistic Homeopathy Clinic, Shishu Mandir, Bangalore

This clinic has been functioning since July 2008. Shishu Mandir is a school for underprivileged. About 200 children study here in the school and vocational training centre run by Shishu Mandir. The clinic by SOUKYA Foundation has been taking care of the medical needs of these children since 2008.

• Holistic Homeopathy Clinic, Karnataka State Road Transport Corporation (KSRTC) Depot, Shanthi Nagar, Bangalore

Holistic Homeopathy Clinic at KSRTC Depot was started in February 2009 with a vision to treat and prevent respiratory diseases due to exposure to dust and automobile exhausts in the mechanics of the depot, drivers and conductors of KSRTC.

• Holistic Homeopathy Clinic, Karnataka State Reserve Police (KSRP) Campus, Koramangala, Bangalore

Holistic Homeopathy Clinic at 3rd Battalion, Karnataka State Reserve Police was inaugurated on 1st July 2010. The clinic provides free consultation and medicines to the employees and families of KSRP. There are 5000 families in the campus and about 9000 people are taken care of.

• Holistic Homeopathy Clinic, Free clinic in rural village

Four villages around 25 Km from Bangalore namely Doddanallala, Doddadevahalli, Ummulu, and Chikkanallala have been adopted by SOUKYA Foundation. All these villages are in Doddanallala Panchayat in Hoskote Taluk

SOUKYA Foundation Charitable Clinics

• Holistic Homeopathy Clinic, Thippasandra, Bangalore

This charitable clinic was inaugurated on 8th September 1999 and has treated over 85,000 patients for various ailments till date. The clinic provides high quality Homeopathic treatment with a holistic approach to all sectors of society.

• Holistic Homeopathy Clinic, Bangalore Baptist Hospital, Bangalore

An Integrative Medicine unit is functional in Bangalore Baptist Hospital since one year. The homeopathy unit provides subsidized treatment and medicines to patients from all sectors of society.

• Holistic Homeopathy Clinic, SAHAYA Holistic Integrative Medical Centre, Jayanagar, Bangalore

At this centre where homeopathic medicines are given to patients with an integrative approach along with Ayurveda, Naturopathy and Yoga with effective results.

CENTRE OF EXCELLENCE IN HOMEOPATHY FOR RESPIRATORY DISEASES

SOUKYA Foundation has been recognized as Centre of Excellence in Homeopathy for Respiratory Diseases by Government of India, Ministry of Health & Family Welfare, Department of AYUSH.

NATIONAL SEMINAR ON RESPIRATORY MEDICINE (COPD) & WORKSHOP ON RESEARCH METHODOLOGY Launch of online Certificate course in Research Methodology



By:
Department of AYUSH
Government of Karnataka

SOUKYA Foundation
Centre of Excellence in Homeopathy for Respiratory Diseases

National Rural Health Mission

Technical Collaboration by Central Council for
Research in Homeopathy

NATIONAL SEMINAR ON RESPIRATORY MEDICINE (COPD)

Sunday, February 10th, 2013

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WORKSHOP ON RESEARCH METHODOLOGY

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Dr Peter Fisher, Clinical Director,
The Royal London Hospital for
Integrative Medicine

&

Dr Sundeep Salvi, Director,
Chest Research Foundation, Pune

Launch of online Certificate course in Research Methodology

Open for Homeopathic,

Ayurvedic and Naturopathic physicians and students of biomedical field

Venue:

Government Homeopathic Medical College,
Dr Sidhaiah Puranik Road, Basaveshwar Nagara, Bengaluru

By:

Department of AYUSH
Government of Karnataka

SOUKYA Foundation

Centre of Excellence in Homeopathy for Respiratory Diseases

National Rural Health Mission

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Research in Homeopathy

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www.karunadu.gov.in

www.soukyafoundation.org

www.homeopathyrespiratory.org

(Limited Seats on first cum first basis)

DEPARTMENT OF AYUSH & NRHM

Department of AYUSH provide Healthcare, Education and Research in Ayurveda, Yoga & Naturopathy, Unani, Siddha, and Homeopathy Systems. The Department continues to lay emphasis on improving health care facilities, upgrading AYUSH Educational standards and also creating awareness about AYUSH. Govt of Karnataka has taken initiative in mainstreaming of AYUSH in National Health Care under NRHM. Government of Karnataka has been doing enormous work to popularize AYUSH Systems of Medicine. In the recent past a huge number of patients has been benefited from Homeopathy.

WORK DONE BY CENTRE OF EXCELLENCE IN HOMEOPATHY FOR RESPIRATORY DISEASES BY SOUKYA FOUNDATION

Dr. Annamma Mathai who has been in the field of Homeopathy since 50 years established SOUKYA Foundation with her son Dr. Issac Mathai and Mrs. Suja Issac.

SOUKYA Foundation has been recognized as Centre of Excellence in Homeopathy for Respiratory Diseases by Department of AYUSH, Ministry of Health & Family Welfare, Government of India. The centre is working in the areas of Patient Care, Research, Teaching and Training, Seminars and Workshops & creating Public Awareness in Respiratory Diseases through Homeopathy and laid down international standards in these areas.

Our Work:

- India's only well equipped respiratory laboratory with DLCO and Spirometry in a Homeopathic Hospital.
- Patient care especially of the low economic group through its satellite clinics in different parts of Bangalore.
- Successfully running clinics in Karnataka State Road Transport Corporation (KSRTC) and Karnataka State Reserve Police (KSRP)
- Research on Homeopathic medicines in management of respiratory diseases.
- Research in Role of Homeopathic remedies Quercus glandium spiritus and Avena Sativa with Constitutional remedy in association with NIMHANS.
- Documented data of work in respiratory diseases in the last 20 years.
- Established an e-library.
- Conducted various public awareness programmes about success of homeopathy in respiratory diseases.
- Dedicated OPD for Asthma & Allergy, Sinusitis and COPD.

Future plans

- Training modules in Research Methodology
- Course in Homeopathy in Family care medicine
- 500 bedded hospital in the outskirts of Bangalore

NATIONAL SEMINAR ON RESPIRATORY MEDICINE (COPD)

Sunday, February 10th, 2013

9.00 am -10.00 am: Inauguration and Launch of Online course on Research Methodology

10.00 am – 10.30 am: Tea Break

SESSION I - 10.30 am – 11.15 am:

Dr Peter Fisher, FRCP,

Clinical Director, The Royal London Homeopathic Hospital.

Topic: Global Research in Homeopathy

SESSION II - 11.15 am to 12.00 noon:

Dr Sundeep Salvi, MD, DNB, PhD (UK), FCCP (USA)

Director, Chest Research Foundation, Pune

Topic: Overview of COPD

SESSION III - 12.00 noon – 12.45 pm:

Dr R. K. Manchanda, MD (Hom)

Director General, Central Council for Research in Homeopathy

Topic: Homeopathic approach and research in COPD by CCRH

SESSION IV - 12.45 pm to 1.30 pm:

Dr Vishpala Parthasarathy, MD (Hom)

Senior Homeopathic Physician, Mumbai

Topic: Application of Homeopathy in COPD

1.30 pm – 2.30 pm: Lunch Break

SESSION V - 2.30 pm - 3.15 pm

Dr B V Murali Mohan, MD, MRCP (UK)

Consulting Physician and Pulmonologist, Narayana Hrudayalaya Hospitals

Topic: COPD today

SESSION VI - 3.15 pm – 4.00 pm

Dr. S. M. Singh, MD (Hom.)

Principal, Sri Sai Nath Post Graduate Institute of Homeopathy

Topic: Management of emergencies in COPD with homeopathy

SESSION VII - 4.00 pm – 4.30 pm

Dr Sudha, BHMS

Director, SOUKYA Group of Institutions

Topic: Work of Centre of Excellence in Homeopathy for Respiratory Diseases

4.30 pm – 5.00 pm: Tea Break

5.00 pm – 6.00 pm: Valedictory and Certificate Distribution

Registration Form

NATIONAL SEMINAR ON RESPIRATORY MEDICINE (COPD)

Name

Address

.....Pincode.....

Mobile

Telephone

E-mail

FEE DETAILS

☐ Doctor Delegate Fee Rs. 500/-

☐ Student Delegate Fee Rs. 250/-

● Payable as DD in Favour of
"SOUKYA Foundation"

● For Transfer:
Account Name: SOUKYA Foundation Charitable Trust
Acc no: 30693931436
SWIFT Code: SBININBB 420
IFS or RTGS Code: SBIN 0008577
BANK: SBI, SME Branch, Kumara Park,
179, 2nd Floor, SC Road,
Sheshadripuram, Bangalore 560020



RESEARCH KEY TO EVIDENCE BASED SCIENCE

ORIENTATION COURSE IN RESEARCH METHODOLOGY

Health seeking behaviour studies suggest that in recent times health consumers are seeking help through Integrative approach by using the strength of different Medical systems. As this need grows, it also raises our demand for research in order to generate Evidences to support the therapeutic effectiveness of AYUSH systems of Medicine & Treatments. It is brought out by many studies that the conventional medical science has reached a road block in many conditions and there is immense potential in Ayurveda, Homeopathy, Yoga and Naturopathy.

The aim of this course is to clarify the basic principles of research methodology and biostatistics, so as to relate their relevance for AYUSH systems of medicine.

SOUKYA is world's first Integrative Medical Centre which offers different systems of medicine including Ayurveda, Naturopathy & Yoga, Homeopathy and other complementary therapies like acupuncture, reflexology, etc under one roof. SOUKYA was established in 2002.

SAHAYA Holistic Integrative Hospital Pvt. Ltd., sister concern of SOUKYA, was established three years back to reach Integrative medical care to patients from all sectors of society.

SOUKYA Foundation has been in the field of patient care since 50 years.

COURSE NO 001.

- ♦ Certificate Course in Research Methodology for Health Professionals.

ELIGIBILITY:

Graduates and Postgraduates of all recognised AYUSH systems and also biomedical sciences

The modules of the RM course consist of:

- Basics of Research Methodology, Epidemiology, Biostatistics
- Research Process and its application in AYUSH Medical Sciences
- Research Documentation
- Research Regulation
- Status of research in AYUSH systems of Medicine

The course is designed to give you confidence in venturing into the area of Research. Continuous support will be provided online during the extent of course. This is a wonderful opportunity to align your clinical experiences and evidences in the framework of Research Methodology.

COURSE FEE:

- ₹10,000/- For the entire course
- Meritorious students may be provided concessional fee.

For complete course details,
log on to our website – www.soukyafoundation.org

SALIENT FEATURES

- ♦ Practical oriented course design
- ♦ Industry vetted curriculum orientation
- ♦ Hands on training at practice stations combining the tools of research methodology
- ♦ Well trained and competent faculty
- ♦ Guidance by experienced researchers in the field
- ♦ Innovative teaching methods to give more emphasis for individualised learning
- ♦ IT enabled teaching methods
- ♦ Dynamic evaluation methods like capstone project and group discussion to enhance the communication ability of learners

CERTIFICATION WILL BE
PROVIDED BY SOUKYA
FOUNDATION IN
COLLABORATION WITH
INSTITUTE FOR INTEGRATIVE
MEDICINE, LONDON

FOR DETAILS

SOUKYA Foundation
202 Parvathi Plaza
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Bangalore 560025
Karnataka
Ph: +91 80 22214625/ +91 80 22218252
Mob : +91 99020 10901
Email : info@soukyafoundation.org

SOUKYA FOUNDATION



SOUKYA Foundation Charitable Trust was started in 1993 with a vision of reaching Integrative Medicine to the common man.

SOUKYA FOUNDATION CLINICS

SOUKYA Foundation runs free and charitable clinics in different parts of Bangalore since many years and has been reaching out to patients from all sectors of society with its medical service.

- Holistic Homeopathy Clinic, Christel House, Bangalore
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- Holistic Homeopathy Clinic, Free clinic in rural village
- Holistic Homeopathy Clinic, Thippasandra, Bangalore
- Holistic Homeopathy Clinic, Integrative Medicine unit of Bangalore Baptist Hospital, Bangalore
- Holistic Homeopathy Clinic, SAHAYA Holistic Integrative Hospital Pvt. Ltd., Jayanagar, Bangalore

CENTRE OF EXCELLENCE IN HOMEOPATHY FOR RESPIRATORY DISEASES

SOUKYA Foundation has been recognized as Centre of Excellence in Homeopathy for Respiratory Diseases by Government of India, Ministry of Health & Family Welfare, Department of AYUSH.

Functions of the Centre of Excellence:

- Patient care through Allergy and Asthma clinic.
- Patient care through Sinusitis and COPD clinics.
- Conduct Continued medical education programs, seminars and workshops for the benefit of Homeopathic doctors.
- Research on Homeopathic medicines useful in respiratory diseases.
- Conduct study in drug development in Homeopathy for respiratory diseases.
- Create public awareness about respiratory diseases, its treatment aspects and prevention.
- Have state-of-art Respiratory laboratory facility.
- Having a well stocked library and an e-library.

RESEARCH IN HOMEOPATHY

- Research on A Randomized Controlled Trial of Homeopathic remedies in the Treatment of Alcohol Dependence with National Institute of Mental Health and Neuro Sciences (NIMHANS).
- Retrospective observational study on 2500 cases of respiratory diseases.
- To understand the effectiveness of Homeopathic medicine in treating and managing allergies and asthma using Spirometry as a tool for evaluation.
- A randomized study in Bronchial Asthma using Homeopathy.
- Spirometry study on KSRTC Drivers to understand the effect of pollution and dust on lung function.
- An open observational trial of Homeopathic medicine in mild and moderate COPD with spirometry evaluation.

SEMINARS AND WORKSHOPS

- Regular workshops are conducted for upgradation of knowledge of doctors of COE and other doctors of Bangalore.
- Two national seminars were conducted by the Centre of Excellence, SOUKYA Foundation, since its inception.

AYUSH GRAMA

Rural Holistic Health Centre will be the first of its kind for rural India integrating different systems of Medicine like Ayurveda, Yoga & Naturopathy, and Homeopathy with Allopathy. The Centre will be a cost effective health model that can be taken to different parts of India.

NATIONAL SEMINAR ON RESPIRATORY MEDICINE (COPD)

Launch of online Certificate course in Research Methodology

Sunday, February 10th, 2013 at 9 a.m

Workshop on research methodology

Saturday, February 9th, 2013 at 9 a.m

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National Rural Health Mission

Technical Collaboration by Central Council for
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ELIGIBILITY: Graduates and Postgraduates of all recognised AYUSH systems and also biomedical sciences

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